

The 31st Annual

# Forest of Nisene Marks Marathon Half Marathon and 5k



presented by

The Santa Cruz Host Lions and the Santa Cruz Track Club  
in memory of Richard Erickson

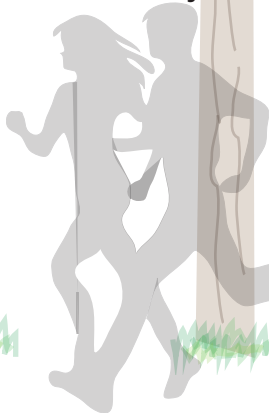
## Saturday, June 2, 2012

**Start/Finish:** Aptos Village Park. Coming from Hwy 1 South, get off at State Park Dr., turn left onto State Park, right on Soquel Drive, left onto Aptos Creek Rd, and immediately left at the sign for Aptos Village Park.

**Courses:** See maps and elevation profiles included in this document! All courses are absolutely beautiful, traversing by redwood trees, babbling creeks and manzanita and oak groves at higher elevations. Most of the trail is shaded, but some sections are exposed on the marathon course.

**Weather:** Aptos, CA in June is typically foggy in the morning and sunny in the afternoon, with start time temps in the 60s and afternoon temps in the 70s. However, you never know! It poured rain on us in 2011, and every once in awhile we'll get a blistering hot day out there! Come prepared!

**Schedule:** ASAP: Register!  
Monday, May 28: Registration CLOSED. But we may sell out before then!  
Friday, June 1, 2-7PM: Packet pick-up at Fleet Feet Sports, Aptos, CA  
Saturday, June 2, 6:30-8AM: Packet pick-up at Start/Finish



**RACE STARTS:**  
Marathon: 8AM  
Half Marathon: 8:30AM  
5K: 9AM

**Course cut-offs:**  
Marathon: 7 hours  
Half marathon: 6.5 hours  
5k: 1.5 hours  
*Walkers and hikers are welcome!*  
For the marathon and half, early starts of up to 1 hour are allowed for those concerned about making the cut-offs, but early starters are not eligible for age group awards.

**Awards:** ALL registered entrants receive a technical t-shirt.  
ALL marathon finishers earn a special custom award!  
ALL 5k/half marathon finishers earn a finisher's medal!  
Custom awards are given to the top three in each 10-year age group, male and female, all races.  
Male and female winners of all three races receive special awards. We will be raffling off prizes as well. Stick around for the after-party!

**Registration:** Please see active.com, or go to nisenemarksmarathon.com for the mail-in paper flyer

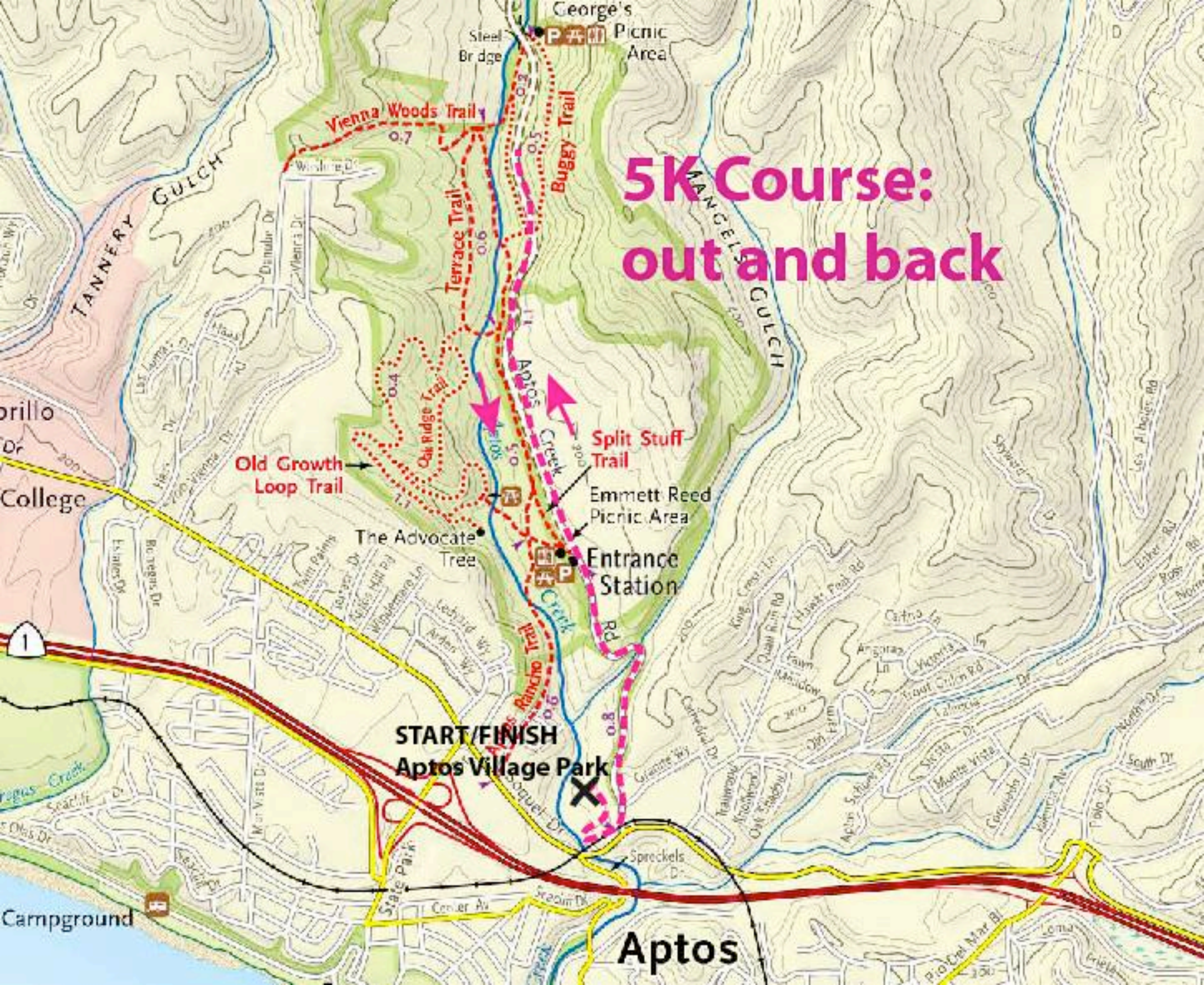
All proceeds go the non-profit Santa Cruz Host Lions Club to directly benefit the sight impaired. This is one of the few races left in the area that is 100% non-profit, and organized entirely by volunteers. Your money goes to a GREAT CAUSE! Please consider donating your old eyeglasses to the Lions Club Glasses Program- bring them to packet pick-up on Friday, or race day on Saturday. Thank you!



Questions? Email: nisenemarksrd@gmail.com Website: nisenemarksmarathon.com We are on



# 5K Course: out and back



**START/FINISH**  
Aptos Village Park



**Aptos**

Campground

brillo  
Dr  
College

George's  
Steel Br dge  
Picnic Area

Old Growth  
Loop Trail

Split Staff  
Trail

Emmett Reed  
Picnic Area

Entrance  
Station

The Advocate  
Tree

**START/FINISH**

Aptos Village Park

**Aptos**

Campground

brillo  
Dr  
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George's  
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Picnic Area

Old Growth  
Loop Trail

Split Staff  
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Entrance  
Station

The Advocate  
Tree

**START/FINISH**

Aptos Village Park

**Aptos**



# Half Marathon Course

Ridge Connection

West Ridge

Loma Prieta

Aptos Creek

START/FINISH  
Aptos Village Park

Campground

Caorillo College

Old Crown Loop Trail

Split Rock Trail

Entrance Station

Campsite Parking

George's

Marble

Angel

George's

Marble

Angel

George's

Marble

Angel

George's

Marble

Angel

Point House

Solar

Point House

Solar

Point House

Solar

Point House

Solar

Point House

Solar

Point House

Solar

Point House

Solar

Point House

Solar

Point House

Solar

Point House

Solar

Point House

Solar

Point House

Solar

Hill Pond

Loma Prieta

Marble

Point House

Solar

Point House

Solar

Point House

Solar

Point House

Solar

Point House

Solar

Point House

Solar

Point House

Solar

Point House

Solar

Point House

Solar

Point House

Solar

Hill Pond

Loma Prieta

Marble

Point House

Solar

Point House

Solar

Point House

Solar

Point House

Solar

Point House

Solar

Point House

Solar

Point House

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Point House

Solar

Point House

Solar

Point House

Solar

Hill Pond

Loma Prieta

Marble

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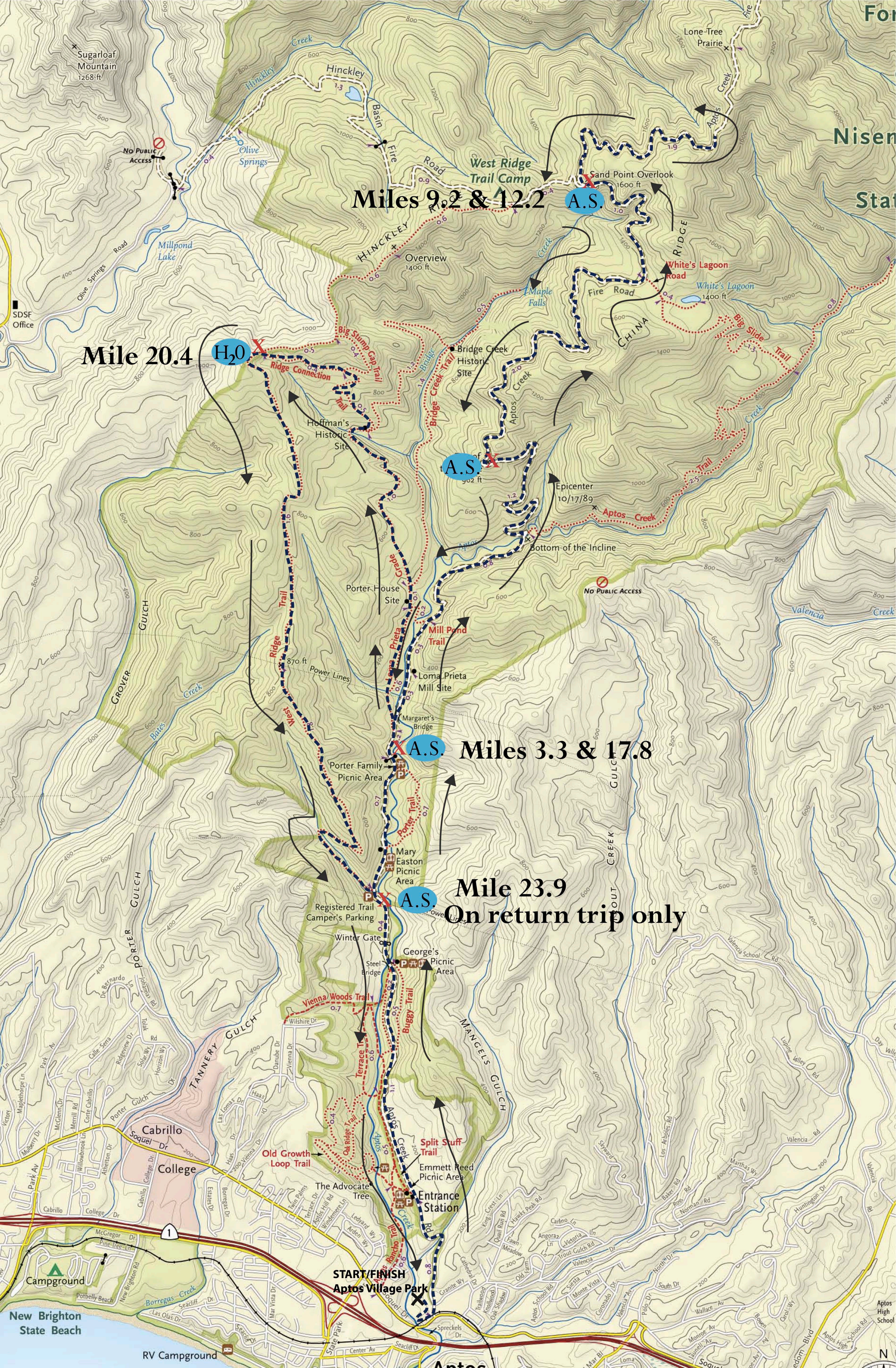
Solar

Point House

Solar

Point House

Solar



Miles 9.2 & 12.2

A.S.

Mile 20.4

H<sub>2</sub>O

A.S.

Miles 3.3 & 17.8

A.S.

Mile 23.9  
On return trip only

A.S.

START/FINISH  
Aptos Village Park

New Brighton State Beach

RV Campground

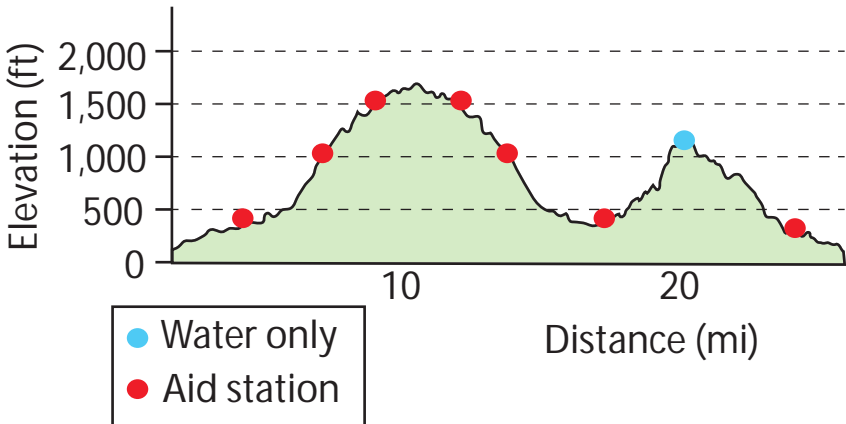
Aptos

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## 2012 Nisene Marks Half Marathon Elevation Profile



## 2012 Nisene Marks Marathon Course Elevation Profile



\*Courses subject to change due to the weather, Park Service request, or other unforeseen circumstances.

Courses:	Reg Fee	Start time	Elev. gain	% Paved	% Fireroad	% Singletrack
5k	\$25	9:00 AM	95 ft	50%	50%	0%
Half	\$45	8:30 AM	1800 ft	11%	35%	54%
Marathon	\$65	8:00 AM	3200 ft	6%	71%	23%